

Program Description:

Please join us for a full day of breastfeeding training. Our expert speakers will provide a close look at cultural differences in lactation practices and challenges for breastfeeding diabetic mothers. Professionals working with families of multi-cultural communities, birth tourism and with diabetic mothers will find this conference very informative.



Mission Statement:

“The Orange County Breastfeeding Coalition will educate, advocate and facilitate families, health care providers, government, businesses, employers, educational institutions and the public at large in the support and promotion of breastfeeding.”

Registration Fees:

(In celebration of the 20th Anniversary of the Orange County Breastfeeding Coalition, fees are reduced)

Early Bird: \$70 (up to 9/29/17)

Regular: \$80 (9/30 to 10/3/17)

Materials available online 10/1/17

LUNCH IS ON YOUR OWN

Light refreshments provided

Refunds will be made for non-attendance upon request

Register online at our website:
<http://www.ocbreastfeedingcoalition.org>

Application for CERPs has been submitted to the IBCLE

Approval pending by:

**California Board of Registered Nursing
Provider No. CEP 5694**

5 contact hours

Provider: County of Orange Health Care Agency

Contact Us:

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Orange County Breastfeeding Coalition

EDUCATION CONFERENCE

Tuesday, October 3, 2017

“HOT TOPICS IN LACTATION”

- Birth Tourism
- Cultural norms in breastfeeding
- Common lactation issues of diabetic mothers
- Glucose gel & infants of diabetic mothers

8 a.m. – 4 p.m.

**Public Health Training Center
1725 W 17th St Building 1729 E
Santa Ana, CA 92706**

This event brought to you by the generous contributions of the following organizations:



Featured Speakers

Dr. Michel Mikhael, MD, FAAP

Dr. Mikhael is board certified in Pediatrics and Neonatal-Perinatal Medicine and serves as an Assistant Clinical Professor of Pediatrics at UC Irvine.

Dr. Sophia S. Jones, MD, PHD

Dr. Sophia Jones is a board certified Pediatrician who provides Neonatology Hospitalist and newborn services for CHOC Children's Specialists at Hoag Memorial Hospital Presbyterian and other affiliated hospitals.

Dr. Christine Bixby, MD, FAAP, IBCLC

Christine Bixby, MD is board certified in Pediatrics and Neonatology as well as a certified Lactation Consultant and the Medical Director of Lactation at CHOC Children's. Dr. Bixby is the President of the OC Breastfeeding Coalition.

Carol Suchy, RN, MSN, IBCLC

Carol Suchy is Manager of Mother Baby Unit & Outpatient Perinatal Services at St. Joseph Hospital.

Cynthia Morton, MSN, RNC-OB, C-EFM

Cynthia Morton is a Nurse Educator for Women's Service at St. Joseph Hospital and a BLS & ACLS Instructor and an NRP Regional Trainer.

Preliminary Agenda

8:00 - 8:45 Registration / Light Breakfast

8:45 - 9:00 Welcome Message

9:00 - 10:00 **Birth Tourism in Neonatal ICU**

Dr. Michel Mikhael, MD, FAAP

10:00 - 10:30 **Sitting for a Month:**

Traditional Chinese Postpartum Care

Dr. Sophia Jones, MD, PHD

10:30 - 10:45 Break

10:45 - 12:30 **Cultural Beliefs and Practices Regarding Breastfeeding**

Carmina Estrada, IBCLC

Kariana Khatib, BS, LLL

Sarah Pham, CLE

12:30 - 12:40 Questions

12:40 - 1:45 Lunch

1:45 - 2:45 **Breastfeeding & Diabetes: The Challenges and The Benefits**

Dr. Christine Bixby, MD, FAAP, IBCLC

2:45 - 3:00 Break/Raffle

3:00 - 4:00 **"Simply Sweet" (Glucose Gel & the St Joseph's Experience)**

Carol Suchy, RN, MSN, IBCLC & Cynthia Morton, MSN, RNC-OB, C-EFM

"Good Health Begins with Breastfeeding!"



Educational Objectives

By the end of this event, participants will be able to:

- Define Birth Tourism
- Discuss implication of neonatal ICU admission of birth tourism babies
- Define 2 common practices in traditional Chinese postpartum care
- Describe 2 traditional beliefs among Hispanic breastfeeding women
- Describe 2 cultural beliefs among Vietnamese breastfeeding women
- Describe 2 traditional beliefs among Muslim breastfeeding women
- Define 2 benefits of breastfeeding to the breastfeeding diabetic mother
- Define 2 benefits of breastfeeding to the infant of a diabetic mother
- Define 2 challenges for a breastfeeding diabetic mother
- Identify the difference between AAP vs PES guidelines
- Discuss new evidence supporting use of glucose gel

This institution is an equal opportunity provider.

